Your Unique Cultural Lens

Questions and a Hint to facilitate your exploration of Layer 7 — Faith:

- What are/were the religions of your parents and grandparents?
- In what religion were you raised? What was the dominant faith in your home culture?
- Describe the evolution of your own religious beliefs as you have grown.
- What's your current faith? How closely do you practice its rituals and believe its dogma?
- In what ways does your own practice deviate from the standard rituals or dogma?
- What are the top three beliefs your faith espouses that make you proud to be a member of it?
- What are beliefs your faith espouses with which you disagree, if any?
- Would you raise your own children in your faith? Why or why not?
- How is your religious or spiritual experience influenced by the religious experiences and cultures of others around you?
- What lessons are these religious reflections evoking about who you are?

HINT: Reflect on the way your religious beliefs and practices have evolved, from the religious practices you were exposed to as a child to your current religious beliefs and practices.

© 2019 Enrique J. Zaldivar.
May be used for educational purposes without written permission; just cite the source.

Your Unique Cultural Lens

© 2019 Enrique J. Zaldivar.
May be used for educational purposes without written permission; just cite the source.

Your Unique Cultural Lens

© 2019 Enrique J. Zaldivar.
May be used for educational purposes without written permission; just cite the source.